

CHICKEN MARINARA SUB

Gold Kist Farms® Whole Grain Breaded Nuggets on a whole-grain hoagie roll, drizzled with warm marinara sauce and a sprinkle of mozzarella cheese.

68%

of households with children claim to eat Italian cuisine at least once a month.

Source: Nation's Restaurant News, "Survey: Italian remains most popular ethnic cuisine," 2015.



NUTRITION FACTS

APPROXIMATE VALUES

Yield: 100 servings

Serving Size: 1 Piece (232g)

Amount Per Serving	% Daily Value*	
Calories:	380	
Total Fat:	16g	25%
Cholesterol:	50mg	17%
Sodium:	760mg	32%
Total Carbohydrate:	32g	11%
Dietary Fiber:	4g	16%
Sugars:	3g	
Protein:	26g	52%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS

Gold Kist Farms® Whole Grain Breaded Nuggets (Code #615300)	20 pounds
Marinara sauce, prepared, warm	9½ quarts
Mozzarella cheese, shredded	4 ⁷ / ₁₀ pounds
Hoagie roll, whole grain	100 each

METHOD

1. Preheat convection oven to 350° F. Place Chicken Nuggets on a sheet tray and cook for 14 minutes or until internal temperature reaches 165° F.
2. To assemble sandwich, place nuggets inside hoagie roll, then drizzle 3 ounces warm marinara over top and sprinkle with ¾ ounce mozzarella cheese.
3. Serve immediately.



GET THE PRODUCTS AND SUPPORT TRUSTED BY SO MANY K-12 FOOD PROGRAMS.
TALK TO YOUR REPRESENTATIVE TODAY: CALL 800.336.9876 OR VISIT GOLDKISTFARMS.COM.

© 2016 Gold Kist Farms
All rights reserved.