

CHICKEN SAUSAGE PANCAKE

Gold Kist Farms® Fully Cooked Chicken Sausage Patties covered in whole-grain pancake batter and griddled to create a dippable breakfast treat.

Sausage menu appearance has been on the rise in the past few years and currently appears on **59.8%** of all menus in America.

Source: Datassential, MenuTrends, 2016.



NUTRITION FACTS

APPROXIMATE VALUES

Yield: 100 servings

Serving Size: 6oz (103g)

Amount Per Serving % Daily Value*

Calories:	360	
Total Fat:	20g	31%
Cholesterol:	60mg	20%
Sodium:	740mg	31%
Total Carbohydrate:	36g	12%
Dietary Fiber:	5g	20%
Sugars:	4g	
Protein:	13g	26%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS

Gold Kist Farms® Fully Cooked Chicken Sausage Patties (Code #6390), thawed 100 pieces

Cooking oil – to grease griddle

Whole grain pancake mix (prep for 100 pancakes)

METHOD

1. Preheat flat top griddle to 350° F.
2. Prepare whole grain pancake batter per package directions to make 100 pancakes.
3. Dip each thawed chicken sausage patty into pancake batter and place on greased, hot flat top griddle. Cook on each side until pancake is done, approximately 2 minutes.

4. Cut in half and serve with syrup.

Note: Chicken should be heated to an internal temperature of 165° F.



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