



# FACT SHEET



PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: A+ CN Whole Grain Chicken Breast Fillet

CODE NUMBER: 7522 Case Wt.: 30# Donated Food/Case 26.9865 Standard Yield 111%

Servings/Case: 113 SERVING SIZE: 4.25 OZ. Contribution: 2 MMA Serv. 1.25 Grain Serving\*

\*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632075220 Gr. Cs. Wt.: 32.02 Case Cube: 1.463 Case Dim: 17L x 13W x 11.4H Pallet: 8T x-7H Cs/Pallet: 56 Shelf Life 365 days



## BID DESCRIPTIONS

Fully Cooked Whole Grain Breaded Chicken Breast Fillets from our A+ line of portioned chicken products provides the bite of whole muscle chicken but with a more consistent size, weight and shape. That translates to better portion control and more consistent cooking times. Plus with no added starches or binders and a whole grain breading profile, these items meet your nutritional requirements while delivering the flavor your students crave. One serving equals (1) 4.25 oz. fillet.

## NUTRIENT INFORMATION - "Laboratory Analyzed"

### Basic Components

Calories (kcal)	221	Carbohydrates (g)	13.3
Fat (g)	11.2	Dietary Fiber (g)	2
Saturated Fat (g)	1.5	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	16
Cholesterol (mg)	62	Whole Grain (g)	

### Vitamins

Vitamin A-IU (IU)	220
Vitamin C (mg)	0

### Minerals

Sodium (mg)	398
Calcium (mg)	19
Iron (mg)	1

Jack Crawford - Director of School Foodservice

8/10/17

Date

Primary Production Plant-Waco, TX CN# 094827



White Meat Only  
Better Bite  
Consistent Piece Weights

A+ chicken Fully Cooked

# 7522

## Whole Grain Breaded Chicken Breast Fillets With Rib Meat

**INGREDIENTS:** Boneless Skinless Chicken Breast With Rib Meat, Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Breading With: Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Yeast Extract, Disodium Inosinate And Disodium Guanylate, Spice, Yeast, Extractives Of Paprika, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractives Of Paprika And Annatto, Extractives Of Turmeric, Less Than 2% Soybean Oil, Battered With: Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Natural Butter Flavor. **Preduced With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set In Vegetable Oil.

**CONTAINS: MILK, WHEAT**

Distributed By: Pilgrim's Pride Corporation  
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800-521-1470 www.poultry.com  
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Product of USA

**HEATING INSTRUCTIONS FROM FROZEN:** Convection Oven: Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 20 minutes. Conventional oven: Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165° F.

One 4.25 oz. Fully Cooked Whole Grain Breaded Chicken Breast Fillets With Rib Meat provides 2.00 oz. equivalent meat and 1.25 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Services, USDA 05/17.)



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