



# FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: CN Traditional WG Breaded Chicken Nuggets with ISP

CODE NUMBER: 612100 Case Wt: 30# Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.04 oz Servings/Case 158 Contribution: 2 M/MA Serving 1 Grain Serving\*  
5 - .608oz nuggets = 1 - 3.04 oz Serving \*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632121000 Gr. Wt. 31.87 Case Cube: 1.48 Case Dim: 17.1L x 13.1W x 12.6H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days



## BID DESCRIPTIONS

Whole Grain fully cooked CN labeled chicken nuggets produced from USDA 100103 natural proportion white and dark meat commodity chicken with Isolated Soy Protein. No other types of TVP permitted. Nuggets to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. 5 - .608 oz CN nuggets to provide 2 oz. of meat/meat alternative and

one grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

## NUTRIENT INFORMATION -

\*Percent Daily Values based on a 2000 calorie diet.

### Basic Components

Calories (kcal)	200	Carbohydrates (g)	12
Fat (g)	10	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	<1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	35	Whole Grain (g)	8

### Vitamins\*

Vitamin A	2%
Vitamin C	100%

### Minerals\*

Sodium (mg)	410
Calcium	2%
Iron	10%

*Camden Robbins* R.D., SNS

**Camden Robbins, R.D., SNS K-12 School Nutritionist**

**5/2/19**

**Date**

Primary Production Plant Waco, TX CN #093000 Additional Plants – CN#089064



Fully Cooked

# 612100

## Whole Grain Breaded Chicken Nuggets

### Nugget Shaped Chicken Patties

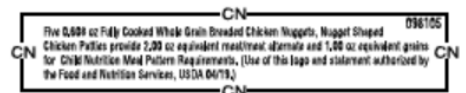
**INGREDIENTS:** Chicken, Water, Isolated Soy Protein with Less Than 2% Lecithin, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono And Diglycerides, Soybean Oil, Extractives Of Paprika, **Battered With:** Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean Oil (As A Processing Aid), Garlic Powder, Xanthan Gum, Extractives Of Paprika, Breading Set In Vegetable Oil.

**CONTAINS: MILK, SOY, WHEAT**

Distributed By: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com  
Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation  
Product of USA



Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.



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