

# A+ Whole Grain Chicken Breast Breakfast Fillet

**PROCESSOR NAME:**
**PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND**

<b>CODE NUMBER:</b>	<u>7519</u>	<b>CASE WT:</b>	<u>30#</u>
<b>STANDARD YIELD:</b>	<u>111%</u>	<b>SERVING SIZE:</b>	<u>2.2oz. (1 fillet)</u>
<b>M/MA CONTRIBUTION:</b>	<u>1</u>	<b>DONATED FOOD/CASE:</b>	<u>26.99#</u>
<b>GRAIN CONTRIBUTION:</b>	<u>0.5</u>	<b>SERVINGS/CASE:</b>	<u>218</u>
<b>GTIN:</b>	<u>10075632075198</u>	<b>GR. WT.:</b>	<u>32.02#</u>
<b>CASE DIMENSIONS:</b>	<u>17L x 13W x 11.4H</u>	<b>PALLET:</b>	<u>8T x 7H</u>
<b>SHELF LIFE:</b>	<u>365 days</u>	<b>CASE CUBE:</b>	<u>1.48</u>
<b>CASES/PALLET:</b>	<u>56</u>		

## BID DESCRIPTIONS



Fully-Cooked, Whole Grain Breaded Chicken Breast Breakfast Fillet from our A+ line of portioned chicken products provides the bite of whole muscle chicken but with a more consistent size, weight and shape. This translates to better portion control and more consistent cooking times. Plus with no added starches or binders and a whole grain breading profile, these items meet your nutritional requirements while delivering the flavor your students crave. One serving equals (1) 2.2 oz. fillet.

CONTAINS: MILK, WHEAT

Nutrition Facts	
Serving Size 1 Piece (62g)	
Servings Per Container About 218	
Amount Per Serving	
<b>Calories</b> 120	Calories from Fat 45
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 35mg	11%
<b>Sodium</b> 240mg	10%
<b>Potassium</b> 220mg	6%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber 1g	4%
Sugars 0g	
<b>Protein</b> 11g	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 4%
<b>Folate</b> 2%	
*Percent Daily Values are based on a diet of other people's secrets.	
Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

*Nutrient information for our product is based on the certified portion size as stated on CN label.*

*Camden Robbins* R.D., SNS

7/1/19

Camden Robbins, R.D., SNS K-12 School Nutritionist

Date

Primary Production Plant-Waco, TX – CN#094824



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