A+ Whole Grain Chicken Breast Fillet

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	7522	**CASE WT:**	30#
STANDARD YIELD:	111%	**SERVING SIZE:**	4.25oz. (1 fillet)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	26.99#
GRAIN CONTRIBUTION:	1.25	**SERVINGS/CASE:**	113
GTIN:	10075632075228	**GR. WT.:**	32.02#
CASE DIMENSIONS:	17L x 13W x 11.4H	**PALLET:**	8T x 7H
SHELF LIFE:	365 days	**CASE CUBE:**	1.48
CASES/PALLET:	56		

BID DESCRIPTIONS

Fully-Cooked Whole Grain Breaded Chicken Breast Fillets from our A+ line of portioned chicken products provides the bite of whole muscle chicken but with a more consistent size, weight and shape. This translates to better portion control and more consistent cooking times. Plus with no added starches or binders and a whole grain breading profile, these items meet your nutritional requirements while delivering the flavor your students crave. One serving equals (1) 4.25 oz. fillet. CONTAINS: MILK, WHEAT

Nutrition Facts

Serving Size 1 Piece (120g)
Servings Per Container About 113

Amount Per Serving

Calories 220	Calories from Fat 80
	% Daily Value*
Total Fat 9g	13 %
Saturated Fat 1.5g	8 %
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 2g	
Cholesterol 60mg	20 %
Sodium 430mg	18 %
Potassium 400mg	11 %
Total Carbohydrate 16g	5 %
Dietary Fiber 2g	8 %
Sugars 0g	
Protein 20g	

Vitamin A 4% • Vitamin C 0%
Calcium 2% • Iron 6%
Folate 2%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutrient information for our product is based on the certified portion size as stated on the CN label.

Camden Robbins R.D., SNS — 7/1/19

Camden Robbins, R.D., SNS K-12 School Nutritionist — **Date**

Primary Production Plant-Waco, TX CN# 094827