

# CN Whole Grain Breaded Chicken Ring Things

**PROCESSOR NAME:**

**PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND**

<b>CODE NUMBER:</b>	499180
<b>STANDARD YIELD:</b>	101.83%
<b>M/MA CONTRIBUTION:</b>	2
<b>GRAIN CONTRIBUTION:</b>	1
<b>GTIN:</b>	10075632991801
<b>CASE DIMENSIONS:</b>	17L x 13W x 11.4H
<b>SHELF LIFE:</b>	365 days
<b>CASES/PALLET:</b>	56

<b>CASE WT:</b>	30#
<b>SERVING SIZE:</b>	3.475oz (5 pieces)
<b>DONATED FOOD/CASE:</b>	29.46#
<b>SERVINGS/CASE:</b>	136
<b>GR. WT.:</b>	32.06#
<b>PALLET:</b>	8T x 7H
<b>CASE CUBE:</b>	1.48

## BID DESCRIPTIONS



Whole Grain breaded, fully cooked, CN labeled chicken “Rings” produced from USDA 100103 natural proportion white and dark meat commodity chicken. Unique “Ring Shaped” nugget batter breaded with Whole Grain enriched wheat flour in a crumb-style breading for optimum oven performance and extended holding times. Five “Rings” @ 0.695 oz. each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 grain serving. Product to provide zero grams trans fats.  
CONTAINS: MILK, SOY, WHEAT

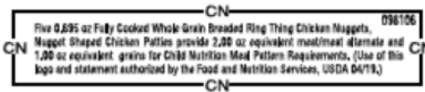
# 499180

Fully Cooked

## Whole Grain Breaded Ring Thing Chicken Nuggets Nugget Shaped Chicken Patties

**INGREDIENTS:** Chicken, Water, Isolated Soy Protein With Less Than 2% Lecithin, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded and Pre dusted With:** Whole Wheat Flour, Salt, Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Dextrose, Spice, Soybean Oil (As A Processing Aid), Extractives of Turmeric and Paprika. **Battered With:** Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt. **Breading Set In Vegetable Oil.**  
**CONTAINS: MILK, SOY, WHEAT**

“Copy not for documenting  
Federal Meal Requirements”



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**HEATING INSTRUCTIONS FROM FROZEN: Convection Ovens:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Ovens:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 6 to 8 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.



(01)1 00 75632 99180 1

## Nutrition Facts

Serving Size 5 Pieces (99g)	
Servings Per Container About 137	
Amount Per Serving	
<b>Calories 220</b>	Calories from Fat 90
<b>% Daily Value*</b>	
<b>Total Fat 10g</b>	15 %
Saturated Fat 2g	10 %
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 3g	
<b>Cholesterol 55mg</b>	19 %
<b>Sodium 380mg</b>	16 %
<b>Potassium 310mg</b>	9 %
<b>Total Carbohydrate 14g</b>	5 %
Dietary Fiber 2g	10 %
Sugars 0g	
<b>Protein 18g</b>	
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 8%
<b>Folate 2%</b>	
*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Nutrient information for our product is based on the certified portion size as stated on CN label.

Camden Robbins, R.D., SNS

7/1/19

Camden Robbins, R.D., SNS K-12 School Nutritionist

Date

Primary Production Plant Waco TX CN #098106



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