

# Aloha BBQ Chicken Sandwich

A sweet and savory taste of the islands, with Gold Kist Chicken® Whole Grain Breaded Chicken Patty (665400), barbecue sauce, pineapple and green leaf lettuce on a whole wheat sandwich roll.



## YIELD

100 servings

## MENU FIT/DAYPART

Lunch

## COMPONENTS

2oz eq M/MA

1 oz grain (does not include roll)

## DIFFICULTY

Easiest

## ALLERGENS

Wheat, Soy

## INGREDIENTS AND PREPARATION

**100 servings (1 patty each) Gold Kist Chicken Whole Grain Breaded Chicken Patty (665400)**

**100 each, whole wheat sandwich rolls**

**100 leaves green lettuce (like Romaine or butter lettuce)**

**200 pineapple rings, halved**

**6 1/4 quarts low-sodium BBQ sauce**

1. Preheat oven to 350°F. Arrange chicken patties in a single layer on an ungreased sheet pan. Bake for 15-20 minutes in a conventional oven or 8-10 minutes in a convection oven or until product reaches 165° F.
2. To assemble each sandwich, place lettuce on the bottom half of the roll, then chicken patty and pineapple sauce. Drizzle with BBQ sauce and top with the other half of the roll.

Nutrition Facts	
Serving Size (245g) (1 sandwich)	
Amount Per Serving	
<b>Calories 390</b>	<b>Calories from Fat 110</b>
	<b>% Daily Value*</b>
<b>Total Fat 12g</b>	<b>18%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 35mg</b>	<b>12%</b>
<b>Sodium 590mg</b>	<b>25%</b>
<b>Total Carbohydrate 54g</b>	<b>18%</b>
Dietary Fiber 5g	<b>20%</b>
Sugars 24g	
<b>Protein 19g</b>	
Vitamin A 2%	• Vitamin C 15%
Calcium 8%	• Iron 15%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>	
	<small>Calories: 2,000 2,500</small>
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 305mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
<small>Calories per gram:</small>	
<small>Fat 9 • Carbohydrate 4 • Protein 4</small>	

*Serving Suggestions:* Serve with steamed mixed vegetables, grapes and milk.



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