

# Honey-Dipt Popcorn Chicken

**PROCESSOR NAME:**

**PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND**

<b>CODE NUMBER:</b>	16009
<b>STANDARD YIELD:</b>	n/a
<b>M/MA CONTRIBUTION:</b>	2
<b>GRAIN CONTRIBUTION:</b>	0
<b>GTIN:</b>	10077013160097
<b>CASE DIMENSIONS:</b>	8.75Hx11.75Lx9.1875W
<b>SHELF LIFE:</b>	365 days
<b>CASES/PALLET:</b>	153

<b>CASE WT:</b>	10#
<b>SERVING SIZE:</b>	4oz (18 pieces)
<b>DONATED FOOD/CASE:</b>	n/a
<b>SERVINGS/CASE:</b>	41
<b>GR. WT.:</b>	10.91#
<b>PALLET:</b>	17T x 9H
<b>CASE CUBE:</b>	0.55

## BID DESCRIPTIONS



Honey Dipt Breaded Popcorn Chicken  
Contains: Eggs, Milk, Soy, Wheat

Nutrition Facts	
Serving Size 4oz (112g)	
Servings Per Container About 41	
Amount Per Serving	
Calories 240	Calories from Fat 90
	% Daily Value*
<b>Total Fat</b> 10g	15 %
Saturated Fat 3g	16 %
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
<b>Cholesterol</b> 45mg	14 %
<b>Sodium</b> 670mg	28 %
<b>Potassium</b> 280mg	8 %
<b>Total Carbohydrate</b> 19g	6 %
Dietary Fiber less than 1g	2 %
Sugars 3g	
<b>Protein</b> 19g	38 %
Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 4% Folate 0%	
*Percent Daily Values are based on a diet of other people's secretaries.	
Calories: 2,000 2,500 Total Fat Less Than 65g 80g Saturated Fat Less Than 20g 25g Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



### Uncooked BREADED POPCORN CHICKEN BREAST WITH RIB MEAT

\*Contains Up To 12% Water, Seasoning (Sugar, Salt, Onion Powder, Yeast Extract, Garlic Powder, Torula Yeast, Disodium Inosinate And Disodium Guanylate, Flavor (Hydrolyzed Soy Protein, Yeast Extract, Flavor, Hydrolyzed Corn Protein, Chicken Fat, Maltodextrin, Silicon Dioxide), Paprika, Spices), Sodium Phosphates.

**Breaded With:** Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Nonfat Dry Milk, Autolyzed Yeast Extract, Soybean Oil, Paprika, Disodium Inosinate, Disodium Guanylate, Extractives Of Turmeric, Less Than 2% Silicon Dioxide Added For Anti-Caking. **Battered With:** Water, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dried Whole Eggs, Salt, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Autolyzed Yeast Extract, Soybean Oil, Disodium Inosinate, Disodium Guanylate. **Predusted With:** Wheat Flour, Sugar, Dried Whole Eggs, Salt, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Honey Powder (Honey, Wheat Starch, Calcium Sulfate, Soy Lecithin), Autolyzed Yeast Extract, Disodium Inosinate And Disodium Guanylate. **Breading Set In Vegetable Oil.**

CONTAINS: EGG, MILK, SOY, WHEAT

UNCOOKED! For Safety, MUST be cooked to an internal temperature of 165°F as Measured by Use of a Calibrated Meat Thermometer!

**HEATING INSTRUCTIONS FROM FROZEN:** Deep Fry: Preheat frying oil to 350°F. Place frozen chicken pieces into frying oil. Fry for 4 minutes. Insert a meat thermometer into the thickest portion of the product. Continue cooking until the internal temperature reaches 165°F.



DISTRIBUTED BY: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

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(01)10077013160097

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Total Carbohydrate 19g	7 %
Dietary Fiber less than 1g	2 %
Sugars 3g	
Total Sugars 3g	
Includes 3g Added Sugars	6 %
Protein 19g	38 %
Vitamin A 0%	
Vitamin C 0%	
Calcium 2%	
Iron 4%	

Nutrition information for our product is based on the RACC serving size.

Camden Robbins R.D., SNS

7/10/19

Camden Robbins, R.D., SNS K-12 School Nutritionist

Date



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