Country Buttermilk Breaded Breast Patties

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	44707	**CASE WT:**	10#
STANDARD YIELD:	n/a	**SERVING SIZE:**	4oz (1 piece)
M/MA CONTRIBUTION:	1.75	**DONATED FOOD/CASE:**	n/a
GRAIN CONTRIBUTION:	0	**SERVINGS/CASE:**	40
UPC CODE:	10037638068338	**GR. WT.:**	10.97#
CASE DIMENSIONS:	9.75Hx11.75Lx9.188W	**PALLET:**	17T x 8H
SHELF LIFE:	365 days	**CASE CUBE:**	0.609
CASES/PALLET:	136		

BID DESCRIPTIONS

Fully Cooked Original Buttermilk Breaded Chicken Breast Meat Fillets
Contains: Milk, Wheat

Nutrition Facts

Serving Size 1 Piece (113g)
Servings Per Container About 40

Amount Per Serving

Calories 290	Calories from Fat 160
	% Daily Value*
Total Fat 18g	27 %
Saturated Fat 4g	21 %
Trans Fat 0g	
Polyunsaturated Fat 6g	
Monounsaturated Fat 6g	
Cholesterol 50mg	16 %
Sodium 740mg	31 %
Potassium 280mg	8 %
Total Carbohydrate 17g	6 %
Dietary Fiber 0g	2 %
Sugars less than 1g	
Protein 16g	32 %

Vitamin A 2% • Vitamin C 2%
Calcium 2% • Iron 6%
Folate 2%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

GOLD KIST CHICKEN

Fully Cooked
Original Buttermilk Breaded
CHICKEN BREAST MEAT FILLETS
with Rib Meat, Chopped and Formed

Ingredients: Boneless Skinless Chicken Breast With Rib Meat, Water, Sodium Phosphates, Salt. **Battered And Predusted With:** Bleached Wheat Flour, Water, Salt, Buttermilk Blend (Buttermilk, Whey Solids), Buttermilk Flavor (Whey, Lactic Acid, Citric Acid, Safflower Oil, Buttermilk, Modified Food Starch, Natural Flavors, Corn Syrup Solids, Maltodextrin), Guar Gum, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate). **Breaded With:** Bleached Wheat Flour, Salt, Spices, Dextrose, Soybean Oil, Sugar, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Yeast, Green Bell Pepper Powder, Onion Powder, Corn Starch, Garlic Powder, Spice Extractive, Fumaric Acid, Mono And Diglycerides, Oleoresin Paprika. Breading Set In Vegetable Oil.
Contains: Milk, Wheat

COOKING INSTRUCTIONS FROM FROZEN: Deep Fry: Preheat fryer oil to 350°F. Place frozen chicken pieces into frying oil. Fry for 2 minutes 45 seconds. Insert a meat thermometer into the thickest portion of the product. Continue frying until the internal temperature reaches 165°F.

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Polyunsaturated Fat 6g
Monounsaturated Fat 6g
Cholesterol 50mg 16%
Sodium 740mg 31%
Total Carbohydrate 17g 6%
Dietary Fiber 0g 2%
Total Sugars less than 1g
Includes 0g Added Sugars 1%
Protein 16g
Vitamin D 0.5mcg 2%
Calcium 20mg 2%
Iron 1.1mg 6%
Potassium 290mg 6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

pilgrim's

DISTRIBUTED BY: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

Product of USA

(01)10037638068338

Nutrition information for our product is based on the RACC serving size.

Camden Robbins R.D., SNS — 7/10/19

Camden Robbins, R.D., SNS K-12 School Nutritionist — **Date**

GOLD KIST CHICKEN

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