

# Country Buttermilk Breaded Breast Patties

**PROCESSOR NAME:**

**PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND**

**CODE NUMBER:** 44705  
**STANDARD YIELD:** n/a  
**M/MA CONTRIBUTION:** 2.75oz eq(for 2 pieces)  
**GRAIN CONTRIBUTION:** 0  
**GTIN:** 10037638067782  
**CASE DIMENSIONS:** 9.75Hx11.75Lx9.188W  
**SHELF LIFE:** 365 days  
**CASES/PALLET:** 136

**CASE WT:** 10#  
**SERVING SIZE:** 5.3oz (2 pieces)  
**DONATED FOOD/CASE:** n/a  
**SERVINGS/CASE:** 55  
**GR. WT.:** 10.97#  
**PALLET:** 17T x 8H  
**CASE CUBE:** 0.609

**BID DESCRIPTIONS**



Fully Cooked Original Buttermilk Breaded Chicken Breast Meat Fillets  
 Contains: Milk, Wheat

**Nutrition Facts**

Serving Size 1 Piece (82g)  
 Servings Per Container About 55

| Amount Per Serving   |  | Calories from Fat 110 |  |
|--|--|-----------------------|--|
|  |  | % Daily Value*        |  |
| <b>Calories</b> 210  |  |                       |  |
| <b>Total Fat</b> 13g   |  | 20%                   |  |
| Saturated Fat 3g   |  | 15%                   |  |
| Trans Fat 0g   |  |                       |  |
| Polyunsaturated Fat 4.5g   |  |                       |  |
| Monounsaturated Fat 4.5g   |  |                       |  |
| <b>Cholesterol</b> 35mg  |  | 12%                   |  |
| <b>Sodium</b> 540mg  |  | 22%                   |  |
| <b>Potassium</b> 200mg   |  | 6%                    |  |
| <b>Total Carbohydrate</b> 12g                                    |  | 4%                    |  |
| Dietary Fiber 0g   |  | 1%                    |  |
| Sugars less than 1g  |  |                       |  |
| <b>Protein</b> 12g   |  | 23%                   |  |
| Vitamin A 2% • Vitamin C 2%<br>Calcium 2% • Iron 4%<br>Folate 2% |  |                       |  |

\*Percent Daily Values are based on a diet of other people's secrets.

|                    | Calories: 2,000   | 2,500   |
|--------------------|-------------------|---------|
| Total Fat          | Less Than 65g     | 80g     |
| Saturated Fat      | Less Than 20g     | 25g     |
| Cholesterol        | Less Than 300mg   | 300mg   |
| Sodium             | Less Than 2,400mg | 2,400mg |
| Total Carbohydrate | 300g              | 375g    |
| Dietary Fiber      | 25g               | 30g     |

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4



**Fully Cooked Original Buttermilk Breaded CHICKEN BREAST MEAT FILLETS**

with Rib Meat, Chopped and Formed

**INGREDIENTS:** Boneless Skinless Chicken Breast With Rib Meat, Water, Sodium Phosphates, Salt. **BATTERED AND PREDUSTED WITH:** Bleached Wheat Flour, Water, Salt, Buttermilk Blend (Buttermilk, Whey Solids), Buttermilk Flavor (Whey, Lactic Acid, Citric Acid, Safflower Oil, Buttermilk, Modified Food Starch, Natural Flavors, Corn Syrup Solids, Maltodextrin), Guar Gum, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate). **BREADED WITH:** Bleached Wheat Flour, Salt, Spices, Dextrose, Soybean Oil, Sugar, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Yeast, Green Bell Pepper Powder, Onion Powder, Corn Starch, Garlic Powder, Spice Extractive, Fumaric Acid, Mono And Diglycerides, Oleoresin Paprika, Breading Set In Vegetable Oil.

**CONTAINS: MILK, WHEAT**

**COOKING INSTRUCTIONS FROM FROZEN:** **Deep Fry:** Preheat fryer oil to 350°F. Place frozen chicken pieces into frying oil. Fry for 2 minutes 45 seconds. Insert a meat thermometer into the thickest portion of the product. Continue frying until the internal temperature reaches 165°F.



**44705**

**Nutrition Facts**  
 About 55 servings per container  
 Serving size 1 piece (82g)

| Amount per serving       | % Daily Value* |
|--------------------------|----------------|
| <b>Calories</b> 210      |                |
| Total Fat 13g            | 20%            |
| Saturated Fat 3g         | 15%            |
| Trans Fat 0g             |                |
| Monounsaturated Fat 4.5g |                |
| Cholesterol 35mg         | 12%            |
| Sodium 540mg             | 22%            |
| Total Carbohydrate 12g   | 4%             |
| Dietary Fiber 0g         | 1%             |
| Sugars less than 1g      |                |
| <b>Protein</b> 12g       | 23%            |

\*Percent Daily Values are based on a diet of other people's secrets.



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7/10/19

Camden Robbins, R.D., SNS K-12 School Nutritionist

Date

Nutrition information for our product is based on the RACC serving size.



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