Chicken Breast Nugget Fritters

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	110180	**CASE WT:**	10#
STANDARD YIELD:	n/a	**SERVING SIZE:**	5.36oz (8 pieces)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	n/a
GRAIN CONTRIBUTION:	0	**SERVINGS/CASE:**	40
GTIN:	1007536210184	**GR. WT.:**	10.91#
CASE DIMENSIONS:	8.75Hx11.75Lx9.188W	**PALLET:**	17T x 9H
SHELF LIFE:	365 days	**CASE CUBE:**	0.55
CASES/PALLET:	153		

BID DESCRIPTIONS

Chicken Breast Fritter Nuggets with Rib Meat

Contains: Milk, Wheat

Nutrition Facts

Serving Size 8 Pieces (152g)
Servings Per Container About 30

Amount Per Serving

Calories 400	Calories from Fat 220
	% Daily Value*
Total Fat 24g	37%
Saturated Fat 6g	29%
Trans Fat 0g	
Polyunsaturated Fat 8g	
Monounsaturated Fat 9g	
Cholesterol 65mg	21%
Sodium 1,040mg	43%
Potassium 270mg	8%
Total Carbohydrate 28g	9%
Dietary Fiber 1g	5%
Sugars 1g	
Protein 19g	

Vitamin A 2% • Vitamin C 2%
Calcium 2% • Iron 6%
Folate 0%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

GOLD KIST CHICKEN

Uncooked

CHICKEN NUGGET FRITTERS

Nugget Shaped Chicken Breast Patties with Rib Meat
***Contains Up To 15% Solution Of Water, Salt, Sodium Phosphates.**

Breaded With: Wheat Flour, Bleached Wheat Flour, Salt, Spices, Dextrose, Yeast, Garlic Powder. **Battered With:** Water, Wheat Flour, Modified Corn Starch, Buttermilk, Salt, Corn Flour (Yellow), Dextrose, Citric Acid, Leaving (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Xanthan Gum. **Predusted With:** Wheat Flour, Rice Flour, Wheat Gluten, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil (As A Processing Aid). Breading Set In Vegetable Oil.
CONTAINS: MILK, WHEAT

COOKING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 425°F. Spray baking sheet with cooking spray. Place frozen chicken pieces in a single layer on a baking pan. Bake uncovered for 18 minutes. **Deep Fry:** Preheat frying oil to 350°F. Place frozen chicken pieces into frying oil. Fry for 5.5 minutes. Insert a meat thermometer into the thickest portion of the product. Continue cooking until the internal temperature reaches 165°F.

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Pilgrim's

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Product of USA

110180

Nutrient information for our product is based on the serving size to provide stated CN equivalencies.

Camden Robbins R.D., SNS — 7/11/19

Camden Robbins, R.D., SNS K-12 School Nutritionist — **Date**

GOLD KIST CHICKEN

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