Homestyle Breaded Popcorn Chicken

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	110189	**CASE WT:**	10#
STANDARD YIELD:	n/a	**SERVING SIZE:**	4.75 oz (19 pieces)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	n/a
GRAIN CONTRIBUTION:	0	**SERVINGS/CASE:**	41
GTIN:	10075362101897	**GR. WT.:**	10.94#
CASE DIMENSIONS:	9.75Hx11.75Lx9.188W	**PALLET:**	17T x 9H
SHELF LIFE:	365 days	**CASE CUBE:**	0.547
CASES/PALLET:	153		

BID DESCRIPTIONS

Breaded Popcorn Style Chicken
Breast Pieces with Rib Meat
Contains: Wheat

Nutrition Facts

Serving Size 19 Pieces (81g)
Servings Per Container 56

Amount Per Serving

Calories 220	Calories from Fat 130
	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 5g	
Cholesterol 40mg	**13%**
Sodium 660mg	**27%**
Potassium 160mg	**4%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 0g	**2%**
Sugars 0g	
Protein 11g	

Vitamin A 2% • Vitamin C 0%
Calcium 0% • Iron 2%
Folate 0%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

GOLD KIST CHICKEN

Uncooked

BREADED POPCORN STYLE CHICKEN BREAST PATTIES
with Rib Meat
***Contains up to 10% Solution of Water, Seasoning (Salt, Spice Extractives, Extractives Of Garlic), Modified Food Starch, Sodium Phosphates**

Breaded With: Bleached Wheat Flour, Wheat Flour, Rice Flour, Salt, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Yeast, Extractives of Paprika. **Battered With:** Water, Wheat Flour, Modified Corn Starch, Salt, Yellow Corn Flour, Tapioca Maltodextrin, Chicken Fat, Xanthan Gum, Natural Flavor, Dextrose, Propyl Gallate, Citric Acid. **Predusted With:** Wheat Flour. Breading Set In Vegetable Oil.
CONTAINS: WHEAT

COOKING INSTRUCTIONS FROM FROZEN: Deep Fry: Preheat fryer oil to 350°F. Place frozen chicken patties into frying oil. Fry for 3 minutes. Insert a meat thermometer into the thickest portion of the product. Continue frying until the internal temperature reaches 165°F.

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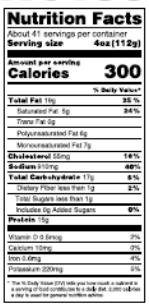

(01)10075632101897

Nutrition information for our product is based on the serving size to provide stated CN equivalencies.

Camden Robbins R.D., SNS — 7/11/19

Camden Robbins, R.D., SNS K-12 School Nutritionist — **Date**

GOLD KIST CHICKEN

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