

Tempura Battered Chicken Breast Nuggets

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	<u>111346</u>
STANDARD YIELD:	<u>n/a</u>
M/MA CONTRIBUTION:	<u>2</u>
GRAIN CONTRIBUTION:	<u>0</u>
GTIN:	<u>10075632113463</u>
CASE DIMENSIONS:	<u>8.75Hx11.75Lx9.188W</u>
SHELF LIFE:	<u>365 days</u>
CASES/PALLET:	<u>153</u>

CASE WT:	<u>10#</u>
SERVING SIZE:	<u>4.75 oz (8 pieces)</u>
DONATED FOOD/CASE:	<u>n/a</u>
SERVINGS/CASE:	<u>43</u>
GR. WT.:	<u>10.82#</u>
PALLET:	<u>17T x 9H</u>
CASE CUBE:	<u>0.547</u>

BID DESCRIPTIONS



Uncooked Tempura Chicken Breast Nuggets with Rib Meat

Contains: Eggs, Soy, Milk, Wheat

Nutrition Facts

Serving Size 8 Pieces (168g)
Servings Per Container 27

Amount Per Serving	
Calories 430	Calories from Fat 240
% Daily Value*	
Total Fat 27g	42%
Saturated Fat 0g	32%
Trans Fat 0g	
Polyunsaturated Fat 10g	
Monounsaturated Fat 0g	
Cholesterol 85mg	22%
Sodium 740mg	31%
Potassium 310mg	9%
Total Carbohydrate 28g	9%
Dietary Fiber less than 1g	4%
Sugars 1g	
Protein 19g	
Vitamin A 2%	Vitamin C 2%
Calcium 2%	Iron 4%
Folate 2%	

*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less Than 65g	80g
Saturated Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Uncooked - Ice Glazed TEMPURA CHICKEN BREAST NUGGETS Nugget Shaped Chicken Patties With Rib Meat

*Contains Up To 12% of a Solution of Water, Modified Food Starch, Sodium Phosphates, Seasoning (Sugar, Salt, Yeast Extract, Flavorings, Spices, Dehydrated Chicken Broth, Natural Flavor, Chicken Fat, Dextrose, and Dehydrated Soy Sauce [(Wheat, Soybeans, Salt), Maltodextrin, Salt]. No More Than 2% Calcium Silicate Added As An Anti-Caking Aid), Salt.

Battered With: Batter Mix (Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dried Whey, Spices, Garlic Powder, Onion Powder, Dried Whole Eggs), Water, Corn Oil. **Breaded With:** Bleached Wheat Flour, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Nonfat Dry Milk, Salt, Dried Whey, Flavor (Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten), Garlic Powder, Onion Powder, Torula Yeast. **Battered With:** Water, Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dried Whey, Spices, Garlic Powder, Onion Powder, Flavor (Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten). **Breading Set In:** Vegetable Oil. **CONTAINS:** Milk, Eggs, Soy, Wheat

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 425°F. Spray baking sheet with cooking spray. Place frozen chicken pieces in a single layer on a baking pan. Bake uncovered for 18 minutes. **Deep Fry:** Preheat frying oil to 350°F. Place frozen chicken pieces into oil. Fry for 5.5 minutes. Insert a meat thermometer into the thickest portion of the product. Continue cooking until the internal temperature reaches 165°F.



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111346

Nutrition Facts
About 43 servings per container
Serving size 8 pieces (105g)

Amount per serving	
Calories 270	
% Daily Value*	
Total Fat 17g	33%
Saturated Fat 4g	8%
Trans Fat 0g	
Polyunsaturated Fat 6g	
Monounsaturated Fat 6g	
Cholesterol 40mg	8%
Sodium 370mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1g	2%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0.4mcg	8%
Calcium 10mg	2%
Iron 0.5mg	11%
Potassium 100mg	4%

*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.



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Camden Robbins R.D., SNS

7/11/19

Camden Robbins, R.D., SNS K-12 School Nutritionist

Date

Nutrition information for our product is based on the serving size to provide stated CN equivalencies.



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