

# CN Menu Right Whole Grain Chicken Breast Nuggets with Soy

**PROCESSOR NAME:**

**PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND**

<b>CODE NUMBER:</b>	614500
<b>STANDARD YIELD:</b>	n/a
<b>M/MA CONTRIBUTION:</b>	2
<b>GRAIN CONTRIBUTION:</b>	1
<b>GTIN:</b>	10075632145006
<b>CASE DIMENSIONS:</b>	15.8L x 11.8W x 9.5H
<b>SHELF LIFE:</b>	365 days
<b>CASES/PALLET:</b>	80

<b>CASE WT:</b>	20#
<b>SERVING SIZE:</b>	3.05 oz. (5 pieces)
<b>DONATED FOOD/CASE:</b>	0-Commercial
<b>SERVINGS/CASE:</b>	104
<b>GR. WT.:</b>	22.45
<b>PALLET:</b>	10T x 8H
<b>CASE CUBE:</b>	1.48

## BID DESCRIPTIONS



Golden Whole grain breaded fully cooked CN labeled chicken breast nuggets produced from young broilers with Soy Protein Concentrate. Nuggets to be batter breaded with whole grain crumb style breading for optimum oven performance and extended holding times. Five nuggets at 0.608 oz. each guaranteed by CN label to provide 2 oz. meat/meat alternative and 1 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fat. Contains: SOY, WHEAT, MILK

Nutrition Facts	
Serving Size 5 Pieces (86g)	
Servings Per Container About 105	
Amount Per Serving	
Calories 210	Calories from Fat 100
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Polysaturated Fat 4.5g	
Monounsaturated Fat 4g	
<b>Cholesterol</b> 25mg	8%
<b>Sodium</b> 400mg	17%
<b>Potassium</b> 300mg	8%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 2g	7%
Sugars less than 1g	
<b>Protein</b> 14g	
Vitamin A 2%	Vitamin C 100%
Calcium 4%	Iron 10%
<b>Folate 0%</b>	
*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

# 614500

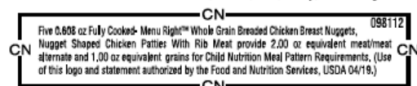
Fully Cooked - Menu Right™

## Whole Grain Breaded Chicken Breast Nuggets

Nugget Shaped Chicken Patties with Rib Meat

**INGREDIENTS:** Chicken Breast With Rib Meat, Water, Isolated Soy Protein With Less Than 2% Lecithin, Textured Soy Protein Concentrate, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono And Diglycerides, Soybean Oil, Extractives Of Paprika. **Battered And Predusted With:** Whole Wheat Flour, Water, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean Oil (As A Processing Aid), Garlic Powder, Xanthan Gum, Extractives Of Paprika. Breading Set In Vegetable Oil.

**CONTAINS: MILK, SOY, WHEAT**



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**HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 8 to 10 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.

Camden Robbins R.D., SNS

7/1/19

Camden Robbins, R.D., SNS K-12 School Nutritionist  
Primary Production Plant Waco, TX - CN #098112

Date

*Nutrient information for our product is based on the CN label serving size.*



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Call 800.336.9876 or visit GoldKist.com.