

# Honey Chipotle Wings

*Pierce® Oven Roasted Chicken Wings (7805) is a flavor explosion thanks to the smoky paprika, sweet honey and spicy chipotle. Your students will be begging for more!*



## YIELD

100 servings (5 wings)

## MENU FIT/DAYPART

Lunch

## COMPONENTS

2oz eq M/MA

## DIFFICULTY

Easier

## ALLERGENS

N/A

## INGREDIENTS AND PREPARATION

**100 servings (5 wings each; about 50.3 pounds) Pierce Oven Roasted Chicken Wings (7805)**

- 4 cups ketchup**
- 2 cups honey**
- 16 chipotle peppers in adobo, chopped**
- 2 teaspoons garlic powder**
- 2 teaspoons onion powder**
- 1 tablespoon paprika**
- 1/4 cup rice wine vinegar**

1. Preheat oven to 375°F. Place frozen chicken wings on an ungreased baking pan in a single layer. Bake uncovered in a conventional oven for 38 minutes or in a convection oven for 20 minutes or until a thermometer inserted into the thickest portion reaches at least 165° F.
2. Meanwhile, combine ketchup, honey, chipotle peppers, garlic powder, onion powder, paprika and vinegar in a large saucepan. Cook over medium heat for 5 minutes, stirring occasionally. Remove from heat.
3. When wings have been cooked halfway through, baste with the honey chipotle sauce. Finish cooking then raise oven temperature to 450°F. Bake for 5 more minutes until caramelized.

Nutrition Facts	
Serving Size (247g)	
Amount Per Serving	
<b>Calories 680</b>	<b>Calories from Fat 410</b>
<b>% Daily Value*</b>	
<b>Total Fat 46g</b>	<b>71%</b>
Saturated Fat 11g	<b>55%</b>
Trans Fat 0g	
<b>Cholesterol 280mg</b>	<b>93%</b>
<b>Sodium 810mg</b>	<b>34%</b>
<b>Total Carbohydrate 17g</b>	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 8g	
<b>Protein 43g</b>	
Vitamin A 2%	• Vitamin C 2%
Calcium 6%	• Iron 6%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
<small>Calories: 2,000 2,500</small>	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

*Serving Suggestions:* Serve with orange slices, green beans, corn bread and milk. Offer Ranch for dipping if desired.



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