A+ Whole Grain Chicken Breast Fillet

PROCESSOR NAME:
PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	7522	**CASE WT:**	30#
STANDARD YIELD:	111%	**SERVING SIZE:**	4.25oz. (1 fillet)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	26.99#
GRAIN CONTRIBUTION:	1.25	**SERVINGS/CASE:**	113
GTIN:	10075632075228	**GR. WT.:**	32.02#
CASE DIMENSIONS:	17L x 13W x 11.4H	**PALLET:**	8T x 7H
SHELF LIFE:	365 days	**CASE CUBE:**	1.48
CASES/PALLET:	56		

BID DESCRIPTIONS

Fully-Cooked Whole Grain Breaded Chicken Breast Fillets from our A+ line of portioned chicken products provides the bite of whole muscle chicken but with a more consistent size, weight and shape. This translates to better portion control and more consistent cooking times. Plus with no added starches or binders and a whole grain breading profile, these items meet your nutritional requirements while delivering the flavor your students crave. One serving equals (1) 4.25 oz. fillet. CONTAINS: MILK, WHEAT

GOLD KIST™ CHICKEN

Fully Cooked

7522

WHOLE GRAIN BREADED CHICKEN BREAST FILLETS WITH RIB MEAT

INGREDIENTS: Boneless Skinless Chicken Breast With Rib Meat, Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour). **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Yeast Extract, Disodium Inosinate And Disodium Guanylate, Spice, Yeast, Extractives Of Paprika, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractives Of Paprika And Annatto, Extractives Of Turmeric, Less Than 2% Soybean Oil. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Natural Butter Flavor. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. Breading Set In Vegetable Oil.
CONTAINS: MILK, WHEAT

Copy Not For Documenting Federal Meal Pattern Requirements

CN
094827
CN One 4.25 oz. Fully Cooked Whole Grain Breaded Chicken Breast Fillets With Rib Meat provides 2.00 oz. equivalent meat and 1.25 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Services, USDA 05/17.) CN
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HEATING INSTRUCTIONS FROM FROZEN: Convection Oven: Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 20 minutes. **Conventional Oven:** Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165° F. Appliances vary, adjust heat times accordingly.

Pilgrim's **DISTRIBUTED BY:** Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

Product of USA

(01)10075632075228

Nutrition Facts

Serving Size 1 Piece (120g)
Servings Per Container About 113

Amount Per Serving

Calories 220	Calories from Fat 80
	% Daily Value*
Total Fat 9g	13 %
Saturated Fat 1.5g	8 %
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 2g	
Cholesterol 60mg	20 %
Sodium 430mg	18 %
Potassium 400mg	11 %
Total Carbohydrate 16g	5 %
Dietary Fiber 2g	8 %
Sugars 0g	
Protein 20g	

Vitamin A 4% • Vitamin C 0%
Calcium 2% • Iron 6%
Folate 2%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutrient information for our product is based on the certified portion size as stated on the CN label.

Camden Robbins R.D., SNS — 4/1/20

Camden Robbins, R.D., SNS Foodservice Prepared Foods Nutritionist **Date**

GOLD KIST™ CHICKEN

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