Spicy Breaded Popcorn Chicken

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	4339	**CASE WT:**	10#
STANDARD YIELD:	n/a	**SERVING SIZE:**	4.22oz (17 pieces)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	n/a (commercial)
GRAIN CONTRIBUTION:	0	**SERVINGS/CASE:**	54
GTIN:	10037638043397	**GR. WT.:**	10.94#
CASE DIMENSIONS:	8.75Hx11.758Lx9.188W	**PALLET:**	17T x 9H
SHELF LIFE:	365 days	**CASE CUBE:**	0.547
CASES/PALLET:	153		

BID DESCRIPTIONS

Fully Cooked Spicy Popcorn Chicken made with Breast Meat
Contains: Wheat, Eggs, Soy

Nutrition Facts
Serving Size 3oz (84g)
Servings Per Container About 54

Amount Per Serving

Calories 200	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17 %**
Saturated Fat 3g	**14 %**
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 3g	
Cholesterol 30mg	**11 %**
Sodium 680mg	**29 %**
Potassium 210mg	**6 %**
Total Carbohydrate 13g	**4 %**
Dietary Fiber less than 1g	**3 %**
Sugars 0g	
Protein 13g	**26 %**

Vitamin A 6% • Vitamin C 2%
Calcium 0% • Iron 4%
Folate 0%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

GOLD KIST CHICKEN

Fully Cooked

SPICY POPCORN STYLE CHICKEN BREADED CHICKEN BREAST MEAT with Rib Meat

Ingredients: Boneless Skinless Chicken Breast With Rib Meat, Water, Modified Food Starch, Seasoning (Spice, Salt, Chili Pepper, Garlic Powder, Onion Powder, Spice Extractives, And Mono And Diglycerides), Sodium Phosphates, Salt. **Breaded With:** Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Salt, Spices, Monosodium Glutamate, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Soybean Oil, Garlic Powder, Spice Extractives, Oleoresin Turmeric. **Battered With:** Water, Wheat Flour, Salt, Soy Flour, Spice, Garlic Powder, Onion Powder, Spice Extractives, And Extractives Of Paprika. **Predusted With:** Wheat Flour, Modified Corn Starch, Salt, Egg White Solids, Wheat Gluten, Spices, Garlic Powder, Onion Powder, And Spice Extractives. Breading Set In Vegetable Oil.
CONTAINS: EGG, SOY, WHEAT

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 375°F. Place frozen chicken pieces in a single layer on an ungreased baking pan, Bake uncovered for 15 minutes. **Convection Oven:** Preheat oven to 375°F. Place frozen chicken pieces in a single layer on an ungreased baking pan, Bake uncovered for 10 minutes. **Deep Fry:** Preheat frying oil to 350°F. Place frozen chicken pieces into frying oil. Fry for 2.5 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.

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Total Fat 11g 14 %
Saturated Fat 3g 14%
Trans Fat 0g
Polyunsaturated Fat 3.5g
Monounsaturated Fat 3g
Cholesterol 30mg 11%
Sodium 700mg 31%
Total Carbohydrate 13g 5%
Dietary Fiber less than 1g 3%
Total Sugars 0g
Includes 0g Added Sugars 0%
Protein 13g
Vitamin D 0.2mcg 2%
Calcium 10mg 0%
Iron 0.6mg 4%
Potassium 210mg 4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

pilgrim's

DISTRIBUTED BY: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

Product of USA

(01)10037638043397

Nutrient information for our product is based on the RACC serving size.

Camden Robbins R.D., SNS — 2/28/20

Camden Robbins, R.D., SNS Foodservice Prepared Foods Nutritionist — **Date**

GOLD KIST CHICKEN

Get the products and support trusted by so many. Talk to your representative today: Call 800.336.9876 or visit GoldKist.com

Pilgrim's Pride Corp.
School Foodservice
1770 Promontory Circle,
Greeley, CO 80634-9039

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: FC Pierce Spicy Popcorn Chicken Code No.: 4339
Manufacturer: Pilgrim's Pride Case/Pack/Count/Portion/Size: 10 lb. case

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Boneless Chicken Meat	2.99 oz. (17pc)	X	70	2.08
		X		
		X		
		X		
A. Total Creditable M/MA Amount[1]				2.08

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
B. Total Creditable APP Amount[1]					
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest ¼ oz)					2.0

*Percent of Protein As-Is is provided on the attached APP documentation.
**18 is the percent of protein when fully hydrated.
***Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.
[1]Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 4.2 oz.

Total creditable amount of product (per portion) 2.0
(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 4.2 ounce serving of the above product (ready for serving) contains 2.0 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Signature — Title: Food Technologist

Scott Sutton — Date: 06/11/2019 — Phone Number: 970-304-7053
Printed Name